



Mangalmai Institute of Management Technology  
Greater Noida (U.P.)



**MANGALMAY**  
INSTITUTE OF MANAGEMENT AND TECHNOLOGY



**Internal Complaint Committee**

Organizes

**Talk Show**

on



~Date~

29th July 2024

~Venue~

Classroom, **MIMT** Campus

Toll Free : 1800 103 3797 | [www.mangalmai.net.in](http://www.mangalmai.net.in)  
Plot No. 8 & 9, Knowledge Park-II, Greater Noida, Delhi-NCR, India

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Pic1 : Flex of Health and Hygiene



**Mangalmai Institute of Management Technology**  
**Greater Noida (U.P.)**



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**Date:** 24th July, 2024

**NOTICE**

A Talk Show is being organized by ICC (Internal Complaint Committee) on  
"Health and Hygiene" as per the following details:

**Date:** Monday, July 29, 2024.

**Timings:** 02:00 PM to 03:00PM

**Venue:** Classroom, MIMT Campus

**ICC Coordinator**

**CC:**

1. Principal, MIMT
2. IQAC, MIMT
3. ICC Incharge
4. Faculty Notice Board
5. Students Notice Board
6. Office file



	<b>Report</b>
Name of Activity	Talk Show on “ <b>Health and Hygiene</b> ”
Date & Time	July 29, 2024 at 02:00 PM to 03:00PM
Venue	Class Room, MIMT Campus
Organized by	ICC (Internal Complaint Committee)
Coordinated by	Ms Soniya Sharma, Assistant Professor, Computer Applications, MIMT
Participated by	65 BCA Students
Activity Convener	Mr. Abhay N Tripathi, Associate Professor, Computer Applications, MIMT
Objective:	<ul style="list-style-type: none"><li>• To promote health, confidence, and personal progress.</li><li>• To familiarise students with health and hygiene issues.</li></ul>
Content:	<p>A Talk Show is being conducted by ICC (Internal Complaint Committee) on “<b>Health and Hygiene</b>” on Monday, July 29, 2024 to educate students about a healthy and safe lifestyle. The Objective of this talk show was to share the knowledge about health and hygiene.</p> <p>Ms Aastha Varshney was the expert for this Talk Show Program. She began her discussion with the saying "Health is Wealth" and encouraged the students to take care of their health.</p> <p>The resource person also presented her thoughts and focused on nutrition and cleanliness. She explained the necessity and benefits of hygiene, including how it protects against a variety of diseases. She also discussed about the personal hygiene; which keeps our body healthy as well as the environment in which you live and work clean and germ-free, and maintaining good health requires constant efforts at both the personal and community levels. At the end of event Ms. Soniya Sharma, Event Coordinator gave the vote of thanks.</p>
Outcome of Activity:	<ul style="list-style-type: none"><li>• Students are able to take care of their health.</li><li>• Students receive recognition for other components of a healthy lifestyle.</li></ul>



# Mangalmai Institute of Management Technology Greater Noida (U.P.)



Pic2 : Ms Soniya Sharma (Event Coordinator) started Session with welcome of Ms. Aastha Varshney, Resource Person

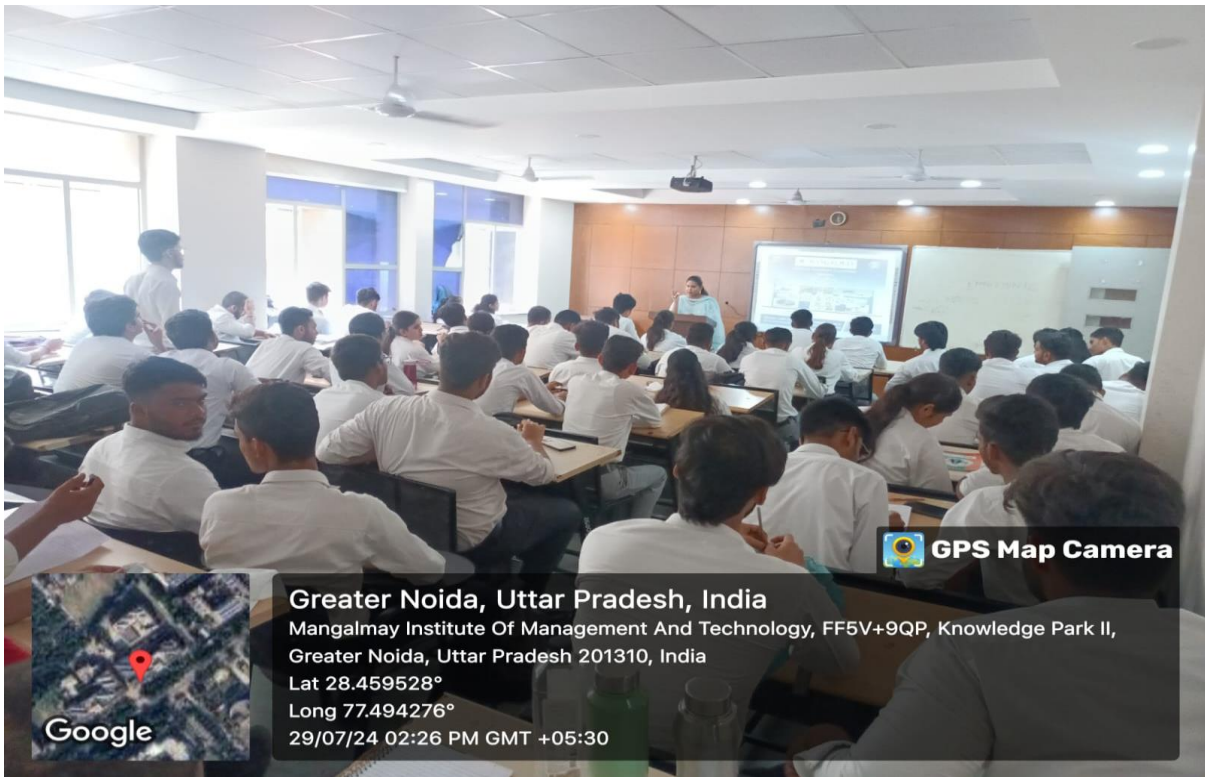


Pic3 : Ms Aastha Varshney (Expert) sharing thoughts on Health and Hygiene with BCA students.





**Pic 4: Expert interacting with students during session.**



**Pic 5 : Expert asking questions to the Students.**





Attendance Sheet

MANGALMAI INSTITUTE OF MANAGEMENT & TECHNOLOGY GR. NOIDA							
Student Attendance Sheet							
Date: 29/July/2024				Time: 2:00 pm - 3:00 pm			
Venue: Classroom, mmt							
Activity: Talk Show on "Health & Hygiene"							
Department:							
Sr. No	Student Name	Year/ Sem	Sign.	Sr. No	Student Name	Year/ Sem	Sign.
1	Parnika Maheshwari	3/5	Parnika	41	Pavam Kumar	3/5	Pavam Kumar
2	Gudya (6084)	3/5	Gudya	42	Nikita Chaudhary	3/5	Nikita Ch.
3	Yash Agarwal	3/5	Yash	43	Sabna	3/5	Sabna
4	Manish Khargwa	3/5	Manish	44	Rajesh Yadav	3/5	Rajesh
5	Manish Kumar	3/5	Manish	45	Akshay Yadav	3/5	Akshay
6	YASH MEHROTRA	3/5	YASH	46	Alok Singh	3/5	Alok
7	Vicky Dey	3/5	Vicky	47	Himanshu Singh	3/5	Himanshu
8	Ranaj Raj	3/5	Ranaj	48	Mandal Bipul	3/5	Mandal Bipul
9	Abhishek	3/5	Abhishek	49	Ali Dulad	3/5	Ali Dulad
10	Krushik	3/5	Krushik	50	Tabish	3/5	Tabish
11	Aarushi Singh	3/5	Aarushi	51	Janisha Gupta	3/5	Janisha
12	Kaayak Singh	3/5	Kaayak	52	MD. AERDT A. KHAN	3/5	MD. AERDT A. KHAN
13	Vipul	3/5	Vipul	53	Jitendra Kumar	3/5	Jitendra
14	Piyush	3/5	Piyush	54	Ashwin Kumar	3/5	Ashwin
15	Rishabh Kumar	3/5	Rishabh	55	Bhupendra	3/5	Bhupendra
16	Adarsh K. Singh	3/5	Adarsh	56	Avantika	3/5	Avantika
17	YASH DRYAL	3/5	Yash	57	Akhilesh Yadav	3/5	Akhilesh
18	Aditya	3/5	Aditya	58	Akash Chaudhary	3/5	Akash
19	Nirvikar Sharma	3/5	Nirvikar	59	Shashank Sharma	3/5	Shashank
20	Tamish Yadav	3/5	Tamish	60	Sanjay Kumar	3/5	Sanjay
21	Umang Gujg	3/5	Umang	61	Nikhil Yadav	3/5	Nikhil
22	Santanu Sankar	3/5	Santanu	62	Sambuddha	3/5	Sambuddha
23	Savio Xess	3/5	Savio	63	Manish kr mandal	3/5	Manish
24	Abhishek Singh	3/5	Abhishek	64	Abhishek Pari	3/5	Abhishek
25	Rajkumar Karn	3/5	Rajkumar	65	Yash Agarwal	3/5	Yash
26	Samj Raj	3/5	Samj	66			
27	Abhay Pratap	3/5	Abhay	67			
28	Ranaj Pandey	3/5	Ranaj	68			
29	Alok Khosla	3/5	Alok	69			
30	Anand Mohan gupta	3/5	Anand	70			
31	Shivam	3/5	Shivam	71			
32	Nikhil Sharma	3/5	Nikhil	72			
33	Kriti Pandey	3/5	Kriti	73			
34	Karthik Gupta	3/5	Karthik	74			
35	Viktor Mishra	3/5	Viktor	75			
36	Adesh Rana (6001)	3/5	Adesh	76			
37	Adarsh (6013)	3/5	Adarsh	77			
38	Shruti Saxena	3/5	Shruti	78			
39	Shivam Pundheer	3/5	Shivam	79			
40	Vishal Yadav	3/5	Vishal	80			