



Mangalmai Institute of Management Technology
Greater Noida (U.P.)



22

MANGALMAI
INSTITUTE OF MANAGEMENT AND TECHNOLOGY

NAAC ACCREDITED 2020

WOMEN'S EMPOWERMENT CELL
INTERNAL COMPLAINTS COMMITTEE

Internal Complaints Committee

in Association with
Bhavishya NGO
Organises
Donation and Awareness Drive

Bright Her Days: Women's Sanitation and Health Awareness

PARTICIPANTS : Underprivileged Women
Coordinator : Dr. Himani Shonik

~Date~
8 June 2024

~Venue~
Sector-119, Noida

~Timing~
10:00 AM Onwards

Toll Free : 1800 103 3797 | www.mimt.org
Plot No. 8 & 9, Knowledge Park-II, Greater Noida, Delhi-NCR, India

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NOTICE

The Internal Complaint Committee of MIMT in association with NCC (31 UP Girls BN) and Bhavishya foundation is organizing **Bright Her Days: Women's Sanitation and Health Awareness** Drive and Sanitary napkin Distribution for underprivileged women. The details are as follows

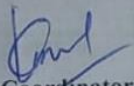
Date: 08/06/2024

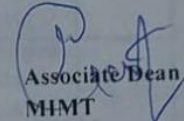
Time : 10.00 am

Venue : Bhavishya NGO, Sector 119, Noida

Beneficiaries : Bhavishya NGO, Sector 119, Noida

Faculty Coordinator: Lt. Dr. Seema Singh and Dr. Kamal Agarwal


ICC Coordinator
MIMT


Associate Dean
MIMT

Copy to :

Principal, MIMT
IQAC
Associate Dean
HOD/Co-ordinators
Faculty members
Notice Board
Office File



Report	
Name of Activity	Bright Her Days: Women's Sanitation and Health Awareness "Drive and Sanitary napkin Distribution for underprivileged women
Date	8 th June 2024
Time	10:00 A.M Onwards
Venue	Bhavishya NGO, Sector 119, Noida
Organized by	Internal complaint Committee, MIMT
Convener	Dr. Kamal Agarwal, MIMT
Beneficiaries	Students of ICC Committee & NCC
Objective	The primary objective of the "Bright Her Days: Women's Sanitation and Health Awareness" drive was to empower underprivileged women by raising awareness about menstrual health and hygiene. The initiative aimed to provide these women with essential knowledge on managing their menstrual health, distribute sanitary napkins to those who lack access to these basic necessities, and promote sustainable menstrual practices. By addressing these critical aspects, the event sought to enhance the overall well-being of women in the community, ensuring they can lead healthier and more dignified lives.
Content	Today, on 08.06.24, ICC at Mangalmay Institute of Management Technology organised a Women's Sanitation and Health Awareness drive "Bright Her Days" to empower underprivileged women in association with Bhavisya NGO. During this impactful event, volunteers engaged with about 35 women residing in slums (invited by NGO) by providing them with crucial education on menstrual health and hygiene. Mangalmay Institute of Management Technology distributed sanitary napkins to enhance their hygiene consciousness. ICC and NCC students raised awareness about proper hygiene and sanitation practices. The event was well-coordinated by Dr. Kamal Agarwal ensuring a seamless and informative experience for all participants. This initiative aimed to not only address immediate hygiene needs but also to equip these women with the knowledge and resources necessary for long-term health and dignity, reinforcing our commitment to social responsibility and gender equality.
Outcome of Activity	This activity yielded significant positive outcomes. Approximately 35 women received essential education on menstrual health and hygiene, which empowered them to manage their menstrual cycles more effectively and confidently. The distribution of sanitary napkins by the institute addressed an immediate need, significantly improving their hygiene practices. Furthermore, the awareness sessions led by ICC and NCC students fostered a deeper understanding of sanitation, promoting healthier lifestyle choices among the participants. The successful coordination by Dr. Kamal Agarwal



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	<p>ensured that the event ran smoothly and effectively, leaving a lasting impact on the community. Overall, the initiative not only enhanced the physical well-being of the women but also contributed to their empowerment by providing them with the necessary knowledge and resources to maintain their health and dignity.</p>
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Mangalmay Institute of Management Technology Greater Noida (U.P.) Glimpse of EVENT



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ADDRESS BY STUDENT TO WOMEN ABOUT SANITATION



ADDRESS BY STUDENT TO WOMEN ABOUT SANITATION



Mangalmai Institute of Management Technology
Greater Noida (U.P.)
FIG.



DISTRIBUTION OF SANITARY PAD TO WOMEN



DISTRIBUTION OF SANITARY PAD TO WOMEN



AWRENESS TO THE WOMEN



BENEFICIARIES List

<u>Date</u>	<u>Attendance</u> ♂ -
8/June/2024	
Name	Signature
1. Ritu sharma	Ritusharma
2. Palak	Palak
3. Neha Chauhan	Neha
4. Ananya Khatana	Ananya
5. Pratibha Bhardwaj	Pratibha
6. Muskan Singh	Muskan
7. Anjali Sawat	Anjali
8. Dolly Sharma	Dolly
9. Ruchi Priya	Ruchi
10. Harshika	Harshika
11. Aditi Tyagi	Aditi
12. Hema	Hema
13. Vikash	Vikash
14. Anubhav	Anubhav
15. Radha Singh	Radha
16. Shweta Vishwakarma	Shweta
17. Anchal Srivastava	Anchal
18. Pragya	Pragya
19. Srishti	Srishti
20. Kajal Pandit	Kajal
21. Gunjan	Gunjan
22. Tanisha	Tanisha
23. Priya bharti	Priya