



Date: 24-05-2024

**NOTICE**

Fitness Club of MIMT is delighted to announce the organization of an Awareness Campaign on the theme "Prohibition of Electronic Cigarettes" scheduled for May 29th 2024. This activity is exclusively organized for BCom Students.

The details of the Activity is as under:

Activity : "Prohibition of Electronic Cigarettes"  
Date : 29<sup>th</sup> May 2024  
Time : 11:00 am - 01:00 pm.  
Venue : Seminar Hall, A-Block, MIMT Campus  
Coordinators : Mr. Surya Shekhar, Mr. Vishal Mavi and Dr. Azad Singh.

  
Associate Dean  
MIMT

  
Fitness Club  
MIMT

CC to:

**Principal, MIMT**

**IQAC, MIMT**

**HODs/Coordinators**

**Faculty Members**

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**Mangalmai Institute of Management & Technology**



**MANGALMAI**  
INSTITUTE OF MANAGEMENT AND TECHNOLOGY



## **FITNESS CLUB**

**Organises**



**“Prohibition of Electronic Cigarettes”**

**B.COM  
Students**

**Date :  
29th May 2024**

**Time :  
11:00 am - 01:00 pm**

**VENUE : Seminar Hall, Block A,  
MIMT**

**Coordinators :  
Mr. Surya Shekhar, Mr. Vishal Mavi**

**Toll free No. 1800 103 3797**



**[mangalmai.net.in](http://mangalmai.net.in)**

**Plot no 8 & 9, Knowledge Park II, Greater Noida, Delhi-NCR, India**

**E-Banner of the Fitness Club Activity on “Prohibition of Electronic Cigarettes”**



<b>Report</b>	
Name of Activity	<b>“Prohibition of Electronic Cigarettes”</b>
Date	29 <sup>th</sup> May 2024
Venue	Seminar Hall, Block A, Mangalmai institute of management and Technology.
Organized by	Department of Management, Mangalmai Institute of Management & Technology
No. of Participants	30
Objective	The objective of the activity organized by the Fitness Club of MIMT on the theme “Prohibition of Electronic Cigarettes” for BCom students was to raise awareness about the harmful effects of electronic cigarettes and the importance of maintaining a healthy lifestyle. By providing detailed information on the risks associated with e-cigarette use, addressing misconceptions, and encouraging healthier choices, the event aimed to educate and empower students to make informed decisions regarding their health. The activity, coordinated by Dr. Azad Singh, Mr. Surya Shekhar, and Mr. Vishal Mavi, sought to foster a better understanding of the dangers of electronic cigarettes and promote a smoke-free lifestyle among the student community.
Activity In-charge	<b>FITNESS CLUB of Mangalmai Institute of Management and Technology</b> organized an Awareness Campaign on the theme “ Prohibition of Electronic Cigarettes”  The session was conducted on 29 <sup>th</sup> May 2024, 11:00 AM to 01:00 PM  Mr. Surya Shekhar Vishal, Assistant Professor , Vishal Mavi, Assistant Professor and Dr. Azad Singh were the incharge of the Activity.
Content	The Fitness Club of MIMT organized an informative and engaging activity on the theme “Prohibition of Electronic Cigarettes” for Bcom students. The event aimed to raise awareness about the harmful effects of electronic cigarettes and the importance of maintaining a healthy lifestyle. The activity was coordinated by Dr. Azad Singh,



	<p>Mr. Surya Shekhar, and Mr. Vishal Mavi, who brought their expertise and dedication to ensure the event's success.</p> <p>The session began with a detailed presentation by Dr. Azad Singh, who provided a comprehensive overview of electronic cigarettes, including their composition, usage trends, and the health risks associated with them. He highlighted scientific studies and statistical data to emphasize the potential dangers of e-cigarettes, particularly among young adults.</p> <p>Following the presentation, Mr. Surya Shekhar conducted an interactive workshop that included a Q&amp;A session, allowing students to voice their queries and concerns. This segment fostered a lively discussion, with Mr. Shekhar addressing misconceptions and reinforcing the message of abstaining from electronic cigarettes.</p> <p>Mr. Vishal Mavi concluded the activity with a motivational talk, focusing on the benefits of a smoke-free lifestyle and encouraging students to adopt healthy habits. He also discussed various strategies to resist peer pressure and make informed decisions regarding their health.</p>
Outcome of Activity	<p>The activity organized by the Fitness Club of MIMT on the "Prohibition of Electronic Cigarettes" was a resounding success, effectively engaging Bcom students and imparting crucial knowledge about the risks of e-cigarette use. Coordinated by Dr. Azad Singh, Mr. Surya Shekhar, and Mr. Vishal Mavi, the event provided a well-rounded perspective through expert presentations, interactive discussions, and motivational insights. The initiative not only educated students on the dangers of electronic cigarettes but also empowered them to make healthier lifestyle choices, contributing to the overarching goal of promoting wellness within the MIMT community.</p>



**Glimpses of the Activity :**



**Commencement of the activity “Prohibition of Electronic Cigarettes”**



**Dr. Azad Singh providing a comprehensive overview of electronic cigarettes, including their composition, usage trends, and the health risks associated with them.**



Participants engaged in the activity getting informed about the ill effects of Electronic Cigarettes.



**BENEFICIARIES OF THE ACTIVITY :**

1.	ARUN ATTRI
2.	BABLU KUMAR
3.	BOBY
4.	CHHAVI
5.	DIKSHITA DAS
6.	DIVYA GUPTA
7.	HARSH SINGH
8.	HEMLATA
9.	HIMANSHU KUMAR
10.	JANVI SHARMA
11.	ROHIT CHAUHAN
12.	SACHIN KUMAR
13.	SAJAL GUPTA
14.	AKASH YADAV
15.	KESHAV CHOUDHARY
16.	DEEPANSHU BHATI
17.	DHARMENDRA
18.	DIVYA BHARTI
19.	FARHAN WASI BAIG
20.	GUNJAN CHAUHAN
21.	SAHIL YADAV
22.	SAMEER ALAM
23.	VISHNUKANT SINGH
24.	YOGESH KUMAR GUPTA
25.	GAUTAM KANOJIA
26.	HARSH SHARMA
27.	OMANSH PRATAP SINGH
28.	PARTH DWIVEDI
29.	ROHIT SATAPATHY
30.	SAGAR BHATI